

MENU

NIBBLES AND SMALL BITES

BASKET OF BREAD (v) £3.50

MARINATED OLIVES, SWEET PEPPERS £4
Garlic and parsley oil (V, v gf)

THAI MIXED CRACKERS (V, v) £3

HICKORY SMOKED ALMONDS (V, v, gf) £ 4

HUMMUS AND PITTA SHARING PLATE (V, v) £6

ANTIPASTI SHARING BOARD* £14.95
Prosciutto ham, chorizo, grilled halloumi, feta cheese,
hummus, charred courgette, breads
**Can be made to suit vegetarian and vegan tastes*

STARTERS

HOMEMADE SOUP OF THE DAY (v, gf) £5.50
Served with warm bread

HOMEMADE SCOTCH EGG £6.50
Mustard mayo, watercress

FISH TACO £6.50

Breaded haddock, crisp iceberg lettuce, red onion,
lime yoghurt dressing, soft flour tortilla

CRISPY FRIED CALAMARI £6.95
Homemade tartare sauce, lemon

SALADS

CLASSIC CAESAR SALAD
Crisp baby gem lettuce, pancetta crisps,
shaved parmesan, anchovies croutons

SUPER FOOD SALAD (V, v, gf)
Quinoa, roast peppers, courgettes,
beetroot, toasted seeds, cherry tomatoes.

WARM NICOISE SALAD (V, v, gf)
Green beans, cherry tomato, new potatoes,
red onion, balsamic glaze

Add your own protein:

Chargrilled chicken £3 - Tuna £4 - 5oz rump steak £3.50 - Chargrilled halloumi £3

ALL SALADS AT £6.95 AS A STARTER OR £11.95 AS A MAIN

MAINS

CHICKEN TIKKA MASALA £14.95
Succulent, boneless chicken marinated in ginger, garlic
and spices served with rice, naan bread

LAMB ROGAN JOSH £16.95
Tender, succulent lamb cooked in onion gravy
served with rice, naan bread

PASTA ARRABBIATA (v, gf) £12.50
Penne pasta, cherry tomatoes, olives, chilli, basil

CLASSIC FISH PIE (gf) £14.50
Selection of Fleetwood fish bound in a classic white
sauce topped off with mashed potato, served with
garden peas.

CLASSIC FLEETWOOD FISH AND CHIPS £13.50
Homemade tartare sauce, mushy peas, lemon

FROM THE GRILL

All grill dishes are accompanied by tomato, mushroom and triple cooked chips

100Z RIB EYE STEAK £21.95

GRILLED PIRI PIRI CHICKEN BREAST £15.95

5OZ RUMP STEAK £12.95

CHARGRILLED TUNA £17.95

SAUCES - All £2.50

BÉARNAISE SAUCE - PEPPER SAUCE - RED WINE JUS - DIANNE SAUCE - HOLLANDAISE SAUCE

BURGERS

CLASSIC CHEESE BURGER £15.50
British Beef Burger, Melted Cheddar, Crispy onion rings
and Mustard Mayonnaise served with fries

BACON CHEESE BURGER £15.50
British Beef Burger, Melted Cheddar, cured bacon and
sweet pickled cucumber served with fries

BLUE CHEESE BURGER £15.95
British Beef Burger, Melted Blue cheese,
Cured Bacon served with fries

BUTTERMILK CHICKEN FILLET BURGER £14.95
Served with fries, cocktail sauce, pickled cucumber

FALAFEL & SPINACH BURGER (v, V) £14.00
Brioche bun, Halloumi, salad, lime yoghurt

Not sure what burger to pick??? Why not try all of them as a canapé with fries £17.95

PIZZAS

MARGARITA (v) £12.50
Classic Italian pizza, tomato marinade
topped with mozzarella cheese, oregano

CHICKEN AND CHORIZO £13.95
Tomato marinara sauce, topped with
chargrill chicken, sliced chorizo, mozzarella

**ROASTED MEDITERRANEAN
VEGETABLES** (v) £13.50
Marinara sauce, courgette, aubergine,
red onion, peppers, black olives

SIDES

All £3.00

FRIES • TRIPLE COOKED CHIPS • ONION RINGS • MASHED POTATO
BUTTERED CARROTS • GREEN SALAD • BRAISED RED CABBAGE

(V) - Vegan (v) - Vegetarian (gf) - Gluten Free



The Five Barred Gate

RESTAURANT BAR & GRILL

MENU